## Hadstock Magazine



Photo Rick Albrow



#### **Beginnings – Editors Page**

#### Dear Readers.

How are you all? it has been really cold hasn't it? But now sometimes we are getting really bright sunny and warm days. The plants in pots which have been looking awful all winter are starting to sprout green shoots and we had a visit from a pretty, fluffy Long-Tailed Tit to the feeder by the Vine just outside the kitchen window. It was quite exciting! Rick got the photo (on the front of the Mag) Dare I say that Spring is almost here? Well I'm going to. Spring is almost here!

It must be nearly time for it as the Parish Council are having their Spring Litter Picking on Sunday 16<sup>th</sup> March meet at 10am on the Village Green. Grabbers and Bags and some high viz vests are available to use but if you have one please wear it. Wear gloves if you can too. It is usually fun and a very good use of a small amount of time.

You will see we have a new page especially for children as Livia Galbraith from Corners in Hadstock has kindly volunteered to edit a page for children, each month. Thank you Livia!

Best Wishes

#### Contacts for the magazine

Editor and Distribution: Sue Albrow Tel 893837

Please send items for the Mag to hadstockmag@btinternet.com

Accounts and Advertising Tim Boyden Tel 892746 t.k.boyden@btinternet.com

### THE COPY DEADLINE FOR THE <u>APRIL 2025 MAGAZINE</u> IS: THURSDAY 20<sup>th</sup> MARCH 2025

#### Disclaimer:

The views expressed in this magazine are submitted by readers and are not necessarily the views of the Editor or the Hadstock Parochial Church Council (PCC), and they cannot accept responsibility for goods or services advertised in the magazine, although advertisements are accepted in good faith. The Editor reserves the right to edit or exclude letters and articles that are submitted for publication, and no liabilities are implied or accepted.



Parish Church of St Botolph's March 2025

#### Jeremy writes: -

Dear All.

The point of Lent is not denial.

But for a long time I thought it was. Everything I heard about Lent revolved around the acts of self-denial. It was all about what object or habit one would give up and how hard it was to deny oneself

of that thing. Of course, that denial was meant to help one think about God and Christ's sacrifice, but in truth the focus was always on the act of denial itself. The question always is, "What are you giving up for Lent?" as if that is what the season is about.

On one hand it's understandable that we miss the point of Lent. In our religious traditions, rituals and legalism are far easier to promote, understand, and implement than spirituality and faith. We can grasp rules. It is far easier to tell kids to obey rules than to explain to them why they should desire to act rightly. They then end up following the rules simply because the rules exist. When it comes to Lent we often do the same – denying ourselves something for the sake of denial. We give up chocolate thinking that act of denial is the purpose of Lent. And we end up missing the point.

But Lent isn't about denial, it is about transformation. It is the season in which we prepare to encounter Christ's sacrifice by endeavouring to become more Christ-like ourselves. Transformation is about letting ourselves be filled with God's presence so that we can be shaped by God's grace. Our acts of kenosis – denying ourselves in order to empty ourselves enough to allow God to fill us – are means to an end. They are disciplines that prepare us to be transformed. We deny ourselves so that we can be reborn as new creations – to live more fully as the Kingdom citizens God desires us to be.

So I am very tentative in choosing what disciplines I will follow during Lent to open myself up to God's transforming power. I've discovered that for me personally, legalistic denial for the sake of denial often achieves the opposite purpose. Giving up coffee doesn't make me a better follower of Christ, it just makes me more irritable. Such disciplines don't assist me in emptying myself in order to let God in; they simply fill me with more of me.

I've come to learn that in order to become more fully the person God wants me to be, I instead need to make sacrifices that actually allow me to achieve those ends. Often those sacrifices are less about personal denial, and more about following disciplines that

encourage me to love others more. In the past I've attempted to eat more ethically or shop fairly – which of course required discipline and sacrifice on my part (and a bit of denial as well), but the outcome of these outwardly focused changes was far more personally transformative than if I had just eliminated something from my life for forty days.

So for me the question for Lent is not "What am I giving up?" but instead "What can I do to allow God to transform me this season?" The answers to those questions might be the same for some people, for me changing the question shifted how I observed Lent. Whatever the case, I think it is important to understand what the ultimate purpose is behind why we engage in certain disciplines unless we miss their very point.

Best wishes

Jeremy

Jeremy Trew is Team Rector for Saffron Walden and Villages Team Area Dean for Saffron Walden, part of the Diocese of Chelmsford His address is:-

The Rectory, 17 Borough Lane, Saffron Walden, Essex, CB11 4AG 01799 500947

You can read more of Jeremy's Trew's letters on the St Mary's website www.stmaryssaffronwalden.org where there are other interesting items too.



The Friends of St Botolph's Church is a registered charity so any donations are eligible for Gift Aid.

**Charity number 1096540.** Lou Symes Thompson, Chair.



### SERVICES AT ST BOTOLPH'S March 2025



#### Sunday services this month are at 9.00am

Sunday 2<sup>nd</sup> March Holy Communion

**Led by Andy Colebrooke** 

Sunday 9<sup>th</sup> March No Service in St Botolph's

Sunday 16<sup>th</sup> March Home Team Service

**Led by Janice and Martin** 

Sunday 23<sup>rd</sup> March No Service in St Botolph's

Sunday 30<sup>th</sup> March No Service in St Botolph's

Morning Prayer takes place in the church each Tuesday at 8.30 am. The church is open every day between 9am and 4pm for private prayer.

Its Shrove Tuesday (or Pancake Day) on Tuesday 4 March. This is the day when traditionally people went to church to ask forgiveness for their sins before the start of Lent on Ash Wednesday. Fasting during Lent was the common practice when people would give up eating meat and dairy products for the 40 days of Lent up until Easter. Often then on Shrove Tuesday they would use up eggs, milk and flour to make pancakes before the start of Lent. They would not eat meat during Lent but fish was allowed. Jesus fasted for 40 days in the wilderness and Lent reminds us of this time and understand how it was to have little or no food. What are your plans for Lent? Why not write to the Mag and let us know?

#### Hadstock - News, - Events, - Happenings, Reports



Hadstock Village Hall 100 Club
FEBRUARY 100 CLUB Winners 2025-

No.22 Vincent Anandraj £25 No.64 Melanie Cullen £25

Congratulations! to you both.

CANASTA There is a Canasta Group in Hadstock and they are back in action now! If you are interested in joining then please call Irene on 01223 891 385.

Players and Beginners welcome.

**ASHDON PRIMARY SCHOOL** - Ashdon, Essex CB10 2HB - School Office - 01799 584219 - Website <a href="www.ashdon.essex.sch.uk">www.ashdon.essex.sch.uk</a>. Ashdon Primary School is the catchment school for Hadstock Village with Essex County Council, currently, providing free transport for those children living in Hadstock to attend the school.

The school also has a before and after school childcare provision from 8am in the morning and until 5:30pm in the evening.

Visits to the school from Parents and prospective pupils are welcomed Ashdon School has a new Head Ms Reynecke-Reybould

#### Hadstock Village Gets Together on Pub Nights on the last Friday each month

6.00-11.00pm at the Village Hall with a bar, crisps, nibbles and sometimes a food truck (watch Hadstock info for details) Card machine available for payments (or cash) It's a chance to meet up with your neighbours and friends!

Next one is on <u>Friday 28<sup>th</sup> March</u> <u>Nethergate 'Good Elf 'ale!</u> Might see you there.... BIN COLLECTIONS – Weds 5<sup>th</sup>and19<sup>th</sup> for Black & Brown bins and Weds 12<sup>th</sup>and 26<sup>th</sup>for Green & Brown bins

<u>Green Skip:-11.45 to 12.45</u> First 15mins at Bilberry End then Village Green 45 mins 'The Green Skip' collection will be on the Saturday after the Black Brown bin collection <u>so 8<sup>th</sup> March then 22<sup>nd</sup> March</u>

#### **Hadstock Parish Council**

#### Next meeting in the village hall on Thursday 27th March at 7.45pm

Contact the Parish Clerk Sara Beckett <a href="https://hadstockparishcouncil@hotmail.co.uk">hadstockparishcouncil@hotmail.co.uk</a> for agenda details which are also sent out on Hadstock Info and put on the Village notice board by the old shop. Details of the agenda are also published on the Parish Council section of the village website which is:-www.hadstock.org.uk

**Hadstock Society – Community History and Heritage.** 

Secretary: Maggie Hartley at hadstocksociety21@gmail.co.uk

**Hadstock Village Hall** see ad in this magazine for how to hire it. And the video on the Hadstock Village website – **www.hadstock.org.uk -Village Hall** 

**Hadstock Silver Band** meets on Tuesdays at the Village Hall for practice Contact:

Bell Ringing practice night at St Botolph's on Thursdays. Contact: Gilbert Rowlandson 01223 892882 or Janice Snell 01223 892338 –Listen out

**Linton Area Learning Alliance (LALA)** meets on Tuesday mornings in the Village Hall in Linton. Autumn and Spring terms. Contact Sue Mudge 01223 892737

Linton and District Historical Soc. Meets Tuesday evenings Linton Village Hall. Monthly. Contact Margaret Creek 01223 893915 or email:ldhscambs@gmail.co

#### **Uttlesford Foodbank**

https://uttlesford.foodbank.org.uk/
Uttlesford Foodbank provides emergency food
and care parcels to individuals and families
during times of crisis. It operates out of a
warehouse in Shire Hill Saffron Walden. They are



always looking for donations of food or money and volunteers. Most of the Supermarkets in S.Walden and Haverhill have a food donations box If you need help look at https://uttlesford.foodbank.org.uk/get-help/how-to-get-help/

or

**phone 07531 436335.Local contact Lynne Smith -** 4 Moules Lane, <u>Tel:07707</u> 766197

#### Haverhill food bank at Reach Community Projects

Wisdom Facilities Centre,42 Hollands Road, Haverhill CB9 8SA

Opening times: Monday to Friday 9am - 4.30pm

Tel:01440 712950 or Email: info@reachhaverhill.org.uk

Website: reachhaverhill.org.uk – for more information

**Art Classes in Hadstock** for adults on Tuesday mornings and Friday mornings and afternoons in termtime; Sundays once a month, and children's' after-school art during termtime on Tuesdays and Thursdays. Contact Sonia 07890 50916

#### Kemi Badenoch MP and Leader of the Opposition



holds regular advice surgeries offering help and support for local residents. If you would like to contact Kemi, you can email <a href="mailto:kemi.badenoch.mp@parliament.uk">kemi.badenoch.mp@parliament.uk</a> or call 0207 219 1943

#### **Hadstock's Local District Councillor - Ashdon Ward:**

Councillor John Moran of the Conservative Party

Contact :-cllrmoran@uttlesford.gov.uk or tel. 07496006467 or you can write to him c/o Uttlesford District Council London Road, Saffron Walden, Essex CB11 4ER

## Hadstock Village Hall 100 Club Monthly Draw 2025 Subscriptions due by March 28<sup>th</sup> LATEST!

**THANK YOU, All** 100 Club members for your loyal support for this important fund -raising effort for the Village Hall.

The money raised is vital to cover the increasing running costs of the Hall.

We hope that you will be happy to continue being a member by paying the £20 annual subscription. Payment via online banking would be much appreciated. The deadline is March 28<sup>th</sup>

Hadstock Village Hall Sort Code: 20-74-05

Account Number: 90437239

#### WE HAVE SPARE NUMBERS AND NEED NEW MEMBERS!

Do get in touch to complete the Draw list of 100 people.

For a year's subscription, two people have the chance, each month, to win £25. Plus there are four £75 prizes a year.

Please don't hesitate to contact me if you wish to pay by cash or stop subscribing or have any questions at all.

### Thank You for supporting the Village Hall

Sarah Lockton sarahlockton@gmail.com

Tel 892987 Mob: 07553 884303

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#### HADSTOCK VILLAGE HALL

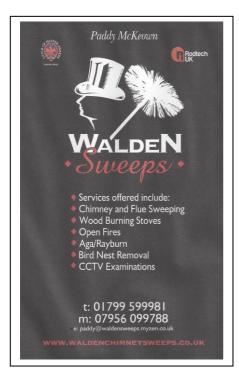
Large Hall with garden, pergola and outside seating area.

For details, enquiries and booking:

www.hadstock.org.uk

and follow link to Village Hall

Church Path, Bartlow Road, Hadstock CB21 4BH





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#### Hadstock Parish Council News Update

Hadstock Parish Council has been busy addressing key issues and making progress on various projects to enhance our village. Notably, the council successfully secured funding for the much-anticipated Monkey Challenge play equipment, which has now been installed at the Recreation Ground. Plans are also underway for an additional piece equipment, to replace one recently removed.

The Sustainable Hadstock Working Group continues to make strides, recently completing a village-wide energy survey with over 100 households participating. Plans for future initiatives include habitat mapping, butterfly surveys, and collaborations with local groups. Hadstock's sustainable efforts have received commendation from Uttlesford District Council as a model for other rural villages.

The council has reviewed and commented on several planning applications, supporting those that align with community needs while voicing concerns where safety or heritage may be impacted and emphasised adherence to planning rules to make the planning system fair for all.

Speeding and potholes remain top priorities for the council. Regular Speed Watch sessions are helping monitor traffic, while ongoing correspondence with Essex County Highways and other stakeholders seeks long-term solutions to persistent issues on Bartlow, Walden and Linton Roads. Vegetation overgrowth along key routes is being addressed with council-led actions to ensure safety for drivers and pedestrians.

The Recreation Ground is in excellent condition thanks to the efforts of council members and volunteers. Repairs to fencing, benches, and play equipment have been completed. Thanks especially go to the management of the grass cutting by one long standing resident of the Village who is also on hand to assist when help over various matters is needed. Plans within Sustainable Hadstock's remit are anticipated to add environmental improvements and the wild orchard is establishing itself well since the initial planting.

The council would like to thank everyone who participated in recent community initiatives, such as the well-attended CPR training sessions. Plans are underway for future events, including sustainable projects and village enhancements. Residents are reminded to check the Parish website <a href="https://www.hadstock.org.uk/">https://www.hadstock.org.uk/</a> for updates and minutes from the monthly Parish council meetings. continued on next page

#### The Parish Council News Update continued

The Parish Council budget was reviewed and discussed over several sessions with the final draft being approved at the January 2025 meeting. The setting of a budget for 2025/26, leads to the Parish Council's precept demand being made to Uttlesford District Council. Hadstock Parish Council resolved this to be £15,500. The parish council element for a band D household will be £92.42 per annum an increase from £86.55 which equates to £5.87 per annum per band D household, an increase of 6.8%

Hadstock Parish Council were pleased to welcome Simon Gosling as a co-opted member to the council in November, meaning the council now has its full complement of councillors. Councillors Nuttall, Hannam, Wells, Lockton, Johnson and now Gosling work tirelessly for the benefit of the village committing much time on a purely voluntary basis, so please give support to activities arranged within the village when they seek other volunteers for such things as litter picking.

#### **STOP PRESS**

HADSTOCK VILLAGE LITTER PICK is on SUNDAY 16<sup>TH</sup> MARCH MEET AT 10.am

ON THE VILLAGE GREEN

#### Looking ahead

The council is always exploring funding opportunities for further village improvements, including upgraded play equipment, energy-efficient initiatives, and safer road infrastructure. Residents are encouraged to share ideas and feedback during public participation at council meetings or via email to the Clerk at <a href="mailto:hadstockparishcouncil@hotmail.co.uk">hadstockparishcouncil@hotmail.co.uk</a>

Sara Beckett
Clerk to Hadstock Parish Council

#### THE GLENRYCK PILCHARDS



#### A fishy tale.

In the late 1960s through to the 80s, Harvest Festival was followed by Harvest Supper in the Village Hall on the following Monday evening. The Village Hall would be full for this with 75 people attending in 1979. The supper, often roast

pork and baked potatoes, was followed by entertainment which always included music and singing. The Ashdon Waits presented a 'very amusing and varied programme' in 1977 which was enjoyed by all and there were often plays or poetry recitals. The evening would also feature an auction of the donated harvest produce to raise money for the Church. The auctioneer would be, in the early years, John Double who was our local village Bobby for Ashdon and Hadstock and later Brian Marshall.

In one year, there was a tin of Glenryck Pilchards left at the end and a group of <u>'likely lads'\*</u> decided as a joke that it should be subject to special attention, bidding against each other to up the stakes. The Pilchards turned up again the following year and the next, and the next right up until 1987 by which time the tin (and almost certainly the pilchards inside) was well past its sell by date. Bidding had become more competitive and, like the pilchards, the joke was past its sell by date and the pilchards were retired. There is no

record of what happened to them.

The Pilchard auction had though obtained some notoriety. Someone told the owner of the Glenryck brand of this village eccentricity and they took an interest in it, donating a silver cup in 1972 and using it for publicity. Each year the successful bidders name and the amount paid was engraved on the reverse of the cup. John Crawley paid £1.50 in 1972 and the highest bid was £50 in 1980 by Brian and Jenny O'Donnell who were landlords of the Kings Head. In 1974 the 'likely lads' duped Ashley Edgar into bidding the sum of £4.75 but still the tin, and now the cup as well, came back the following year.

THE HADSTOCK
HARVEST FESTIVAL 1972
Cup Awarded to the
8oz "GLENRYCK"
PILCHARD OWNER

#### The Glenryck Pilchards continued

The Press were also alerted to the Pilchard auction and the leading article in the Cambridge Evening News of 16<sup>th</sup> October 1976, "a New Bible Story at Hadstock", was very funny and related the auctioning of the tin to the story of the loaves and fishes.

"And one spake and said 'Brothers, fear not. We have been blessed with the fruits of the sea, some pilchards in a tin, which have been given as a gift to the temple. ...........

And it was even as the elder spake, that the faithful gave gold for the blessed pilchards and there was gold enough to warm the temple with a new heating system and cast out the dry rot."

There was also a short feature on Anglia TV the following year.

\* John Crawley, Glyn Abrey, Ray Cooper, Brian Marshall and Tony Cropper.

From the Hadstock Magazine archives and with thanks to Crocky and Tony Cropper.

Rick Albrow



We thought it would be a lovely idea to include a Hadstock children's page in the Hadstock Magazine. This month your children may want to colour the spring image below. Perhaps take a picture of their finished work to be included in next month's issue! I would also like to include a Happy Birthday message to any children who have birthdays each month.

In March -Happy Birthday to Finlay who is turning 8! Yeah!

And here are a few jokes and riddles from Lachlan (aged 9) and Finlay (aged 8).

- 1. What falls, but never needs a plaster? 2. Why are frogs so happy? and
- 3. What did the bean say to the sprout? Answers below.

To submit artwork, riddles, jokes, birthday shout outs and ideas please email Livia@fivecornerscapital.com



- 1. Rain
- 2. They eat whatever bugs them.
- 3. Grow-up!

#### THE GREEN SKIP

The Parish Council have for a further year, been able to fund the weekend garden skip in 2025, as a benefit to the village.

Here is a list of the dates :-



A polite reminder.....please remember not to leave bags for someone else [unless previously arranged] or indeed the operator to load for you. If you have made arrangements, please make sure your empty bags are not left behind on the green.

The operator and fellow residents are always happy to help........ all you have to do is ask.

Happy gardening in 2025

Sara Beckett
Clerk to Hadstock Parish Council

#### Church Flowers

Isabel Fish, who organises the Flower Rota for the Church, has sent in some photos and said, "I thought it might be nice to put a photo of the church flowers in the magazine occasionally (or regularly). It would show that people's efforts are really lovely and much appreciated. Here are three of the arrangements we have had so far this year. There won't be any for the April mag as it is Lent (and so no flowers in church)"





More Flower arrangement pics after Easter - Thanks Isabel

#### **Hadstock Magazine - Annual Subscription**

It is now the time of year to renew your subscription to the Village magazine. This will continue to be £15.00 for 11 issues and it would be appreciated if this can be by direct bank transfer. The account details as below

#### **Hadstock Parish Council**

20-17-35

#### A/c 33700259

#### As a reference please quote "magazine" and your name.

if you are unable to pay by this method, please drop in cash or a cheque to my home address: Ploughlands, Walden Road, Hadstock CB21 4NX

#### **INSTRUCTIONS FOR USE OF THE DEFIBRILLATOR (DEFIB)**

#### **CUT THIS OUT AND KEEP TO HAND**

In an Emergency first call 999 to report the event and then help will be coming.

#### Do not leave the casualty.

The call handler will give you the code for the Defib. which is in the yellow cabinet, inside the red telephone box at the back of the Village Green. If the Defib is needed send someone else to get it. The call handler will stay on the line to tell you what to do, until an ambulance arrives. The Defib itself has spoken instructions if you need to use it.

Cllr. Wells.





#### **Lasting Power of Attorney**

#### Overview

A lasting power of attorney (LPA) is a legal document that lets you (the 'donor') appoint one or more people (known as 'attorneys') to help you make decisions or to make decisions on your behalf.

This gives you more control over what happens to you if you have an accident or an illness and cannot make your own decisions (you 'lack mental capacity').

You must be 18 or over and have mental capacity (the ability to make your own decisions) when you make your LPA.

You do not need to live in the UK or be a British citizen.

There are 2 types of LPA:

- health and welfare
- property and financial affairs

You can choose to make one type or both.

#### How to make a lasting power of attorney:

- Choose your attorney (you can have more than one).
- Fill in the forms to appoint them as an attorney.
- Register your LPA with the Office of the Public Guardian (this will take 8 to 10 weeks if there are no mistakes in the application).

It costs £82 to register an LPA unless you get a reduction or exemption.

You can cancel your LPA if you no longer need it or want to make a new one.

#### Health and welfare lasting power of attorney

Use this LPA to give an attorney the power to make decisions about things like:

- your daily routine, for example washing, dressing, eating
- medical care
- moving into a care home
- life-sustaining treatment

It can only be used when you're unable to make your own decisions.

#### Lasting Power of Attorney continued.

#### Property and financial affairs lasting power of attorney

Use this LPA to give an attorney the power to make decisions about money and property for you, for example:

- managing a bank or building society account
- paying bills
- collecting benefits or a pension
- selling your home

It can be used as soon as it's registered, with your permission.

#### The above is taken from the Government website,

https://www.gov.uk/power-of-attorney.

You can 'do-it-yourself' using the Government website or take legal advice to make sure you fully understand it.



## Sustainable Hadstock News February 25

For the state of t

#### Winter activities

#### Hot off the Press: UDC support Sustainable Hadstock in 2025

We have just been informed that the UDC Zero Carbon initiative has given Hadstock a second grant to support our Sustainable initiative. This is great news and reflects our active programme and village engagement achieved in 2024.

More on our plans – and have your input – in the coming months.

#### **Home Energy Surveys/EPC (Energy Performance Certificate)**

Adrian, our Home Energy Champion, has completed over 35 Home Energy EPC+ surveys with very positive feedback. We have decided to put further surveys on hold for now whilst we review the results. Adrian also carried out a survey for the Village Hall.

Jonathan Ashe has also carried out two 'traditional house (pre-1900)' retrofit surveys. See our end of March Event.

Our thermal imaging camera. The thermal imaging camera is now making its way around the village. If you would like to borrow the thermal imaging camera please contact lan Jennings or PeterJarritt or the team through our web site or email (<a href="mailto:sustainablehadstock@gmail.com">sustainablehadstock@gmail.com</a>). Chris Dodge is also planning on being at our March Event to answer questions and review any of your thermal images.

#### March Event: Home Energy Solutions – for houses of all ages.

We are holding a Sustainable Hadstock session at the start of the Community Pub Evening on Friday March 28, 6.30 to 7.30pm. Adrian and Jonathan Ashe will be there to answer your questions. Jonathan will also be giving a presentation on home solutions for traditional houses (pre-1900) and how current planning rules are changing. The Sustainable Hadstock Team www.hadstock.org.uk/sustainablehadstock/



#### **March Event**

# Home Energy Solutions – for houses of all ages. With an expert presentation on old/traditional houses

#### Plus a chance to review your thermal camera images

Friday March 28th in the Village Hall (6.30 – 7.30pm)

We have now completed home energy surveys for 35 houses across Hadstock – covering buildings of all ages; both pre- and post-1900. Many of you have also borrowed our thermal imaging camera.

Our home energy surveyors – Adrian Rowland and Jonathan Ashe - will be attending this session to discuss the results of the surveys and to answer any of your questions.

**Jonathan, an architect**, specialises in traditional buildings (pre-1900) and has completed in-depth retrofit surveys of two of our listed buildings. He will give a presentation on what is now possible for such buildings – and how current planning rules are changing.

**Chris Dodge**, who ran the session last year on using our thermal imaging camera will also be with us to answer any of your questions and can review any of your thermal images.

This event will be run alongside the Community Pub evening – so do come along for a drink and a chat. Please look out for future events – in the Hadstock Magazine, on HadstockInfo and on our website.

https://www.hadstock.org.uk/sustainablehadstock/ Thanks to our sponsors:





**Hadstock Parish Council & Hadstock Society**